

Issue No. 17

**15th June
2011**

MANNING GARDENS PUBLIC SCHOOL

GRAPEVINE

Website: www.manninggdnpschools.nsw.edu.au



What's on at The Gardens?

Happening soon:

Week 10

Mon 27 June - Fri 1 July - School NAIDOC Week

Tue 28 June - Excellence Assembly

Wed 29 June - Athletics Carnival

Thur 30 June - Saltwater Visit

Fri 1 July - Whole School NAIDOC Assembly

Fri 1 July - Last day of Term 2

Due to floods surrounding the Manning area, we apologise for the delay in the newsletter going out due to staff shortages.

Choir

Congratulations to Manning Gardens School Choir who performed at this years Eisteddfod. They were rewarded with a Encouragement Award for their performance and presentation which was outstanding.

A huge round of applause to all those students who participated in the Eisteddfod and also a congratulations to Miss Cattell their teacher.



Year 5/6 A

Students from Class 5/6A were given a toolkit of stationary to use last week. As part of this toolkit the students need to purchase a folder to help organise and maintain their work books in the folder. Please make sure your child brings in their \$2.00 for their folder to the office asap.

Athletics Carnival

The Athletics Carnival will be held on **Wednesday 29th June**. Good luck to all students and their houses. Just remember to wear your house colours on the day.

Waratah - Red

Grevillia - Green

Banksia - Blue

Wattle - Yellow

School Website

Don't forget to check our up and running school website for your school news.

Go to www.manningdn-p.schools.nsw.edu.au.

Parents; Remember for your child to bring their lunches on Mondays and Fridays as the canteen is closed.

Excellence Assembly

The end of term Excellence Assembly will be held on **Tuesday 28th June**. Invitations to those students who have maintained excellence for the term will be sent home soon. Good luck!

Year 6 - Year 7 2012 at Chatham High School

Students who have expressed an interest to go to Chatham High School next year, the enrolment form packages need to be returned to Chatham High School or to Manning Gardens front office as soon as possible.

Canteen

We now have in stock new red jumpers.

Sizes 6 to 12 - \$15.00

Limited stock! Hurry in quick!



Winter Clothing

Make sure your child wears their winter school uniform to school this winter;

Royal blue track pants, white shirt and red jumper.

After School Activities

☺ **Active After and Before School Program**

After School Program is for students in Years 3 and 6. Thursdays 8.00am - 8.45am with Indigenous Dancing. Thursday afternoons 3.15pm - 4.15pm with Golf.

☺ **Chatham High School Homework Centre**

Year 6 students can once again attend the Homework Centre at Chatham High School.

Students are transported to the High School by bus and then are driven home by bus at the end of the session.

If you would like your Year 6 child to attend, please return the completed permission note.

☺ **Manning Gardens Homework Centre**

Manning Gardens Homework Centre is available for children in Years 2 to 5 on Mondays from 3.15pm until 4.15pm for Term 2. Students will need to bring afternoon tea, be picked up by a parent or be able to walk home. There is no bus service available.

Winter fire safety

Winter brings with it the danger of house fires from electric blankets, clothes dryers, candles and unattended fires and heaters. For NSW Fire & Rescue's winter checklist go to: <http://www.nswfb.nsw.gov.au/page.php?id=956>

New state laws now require smoke alarms to be installed in campervans and caravans. **More info:** 1800 151 614 or www.fire.nsw.gov.au/page.php?id=948

Healthy sleep habits

When children sleep well, they'll be more settled, happy and ready for school the next day. Getting enough sleep strengthens their immune systems and could reduce the risk of infection and illness.

Experts believe primary school children require around 10-12 hours of sleep per night and up to half of all children and adolescents experience some problem with getting enough sleep. You can help your child to develop healthy sleep habits which include:

- * set bedtimes and wake times - try and keep these regular
 - * no TV/computer games one hour before bed
 - * no TVs in bedrooms
 - * no caffeine, high sugar or high spicy food 3-4 hours before bed
 - * comfortable temperature, light and noise levels in the bedroom
 - * warm milk or camomile tea can help induce sleep.
- convincing children that it is important to sleep well - reward them for complying with bedtime rules.
- * visiting your doctor and asking to be referred to a sleep specialist if your child's sleep problems persist or worsen.

Community News

Bunning's

DIY Family Fun Day

Date: 25th June

Time: 10-2.00pm

International Fairies' Day

Petting Zoo Jumping Castle
Face Painting Balloon Sculpting
Music



KIDS DIY, Girls make fairy wings

Boy's wizard wings and magical wands