# Grapevine Our weekly Preschool Term 1 to Year 6 newsletter Week 1

#### Principal's message

The start of a school year is always exciting as students and staff return to school. We hope you had a happy and safe summer holidays. This edition of Grapevine contains key information about the operation of our school. Like any other school in Taree, we have certain expectations. We expect all students will come to school in our uniform, with food and drink for the day and ready for learning. We take learning seriously and want the best for your child. We will work in partnership with you to provide your child with a quality education at Manning Gardens PS.

Stay Strong! Mr Paul Sortwell





#### School staff and classes for the start of 2020

This information is current at 28 January 2020 and subject to change. This is not our entire staff, we have many more fabulous people working in admin and behind the scenes at Manning Gardens PS.

#### **Preschool Department:**

Educational Leadership and Nominated Supervisor: Paul Sortwell (principal).

Teacher: Patrice Chapman SLSO: Uncle Ron.

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#### Support Unit Department:

Assistant principal support unit: Rhiannon Hardy.

Early intervention: Anne Gilchrist SLSO: Kim. SCC: Marianne Croft (2/3/4/5/6) SLSO: Sharon. SCG: Jodi Goodwin (K/1/2) SLSO: Helen.

SCHR: Rhiannon Hardy (Monday-Tuesday) & Willie Richardson (Wednesday-Friday) (K/1/2/4/6) SLSO: Bob.

SCT: Alison Trudgeon (3/4/5/6) SLSO: Michelle.

Support teacher: Jo Stace.

#### Mainstream Department:

Assistant Principal mainstream: Tracey Rutten.

Instructional Leader: Julie Frendin.

MSH: Renee Higgins (Kinder) SLSO: Amy.
MSR: Anne-Maree Ross (K/1) SLSO: Kerrie.

MSWB: Jo Wykes (Monday-Wednesday) and Melissa Barry (Thursday-Friday) (1/2) SLSO: Alison.

MSC: Miriam Cross (2/3) SLSO: Ann. MSM: Sherrie Mentges (3/4) SLSO: Sam.

MSE: Jacob Easey (Monday-Thursday) and Tracey Rutten (Friday) (5/6) SLSO: Sue.

Learning and Support teachers: Julie Frendin and Leanne McMaster.

Library and technology teacher: Neroli Johnson.

#### Key dates for the start of 2020

Kindergarten Best Start Assessments ....... 29-30 January. Early Intervention starts ...... 4 February.

## Baaya Yurrung Preschool @ Manning Gardens Public School Baaya Yurrung' means 'rise above'

#### Baaya Yurrung preschool

Due to government requirements, families attending our preschool have always been required to pay fees. Our fees are as low as \$1 per day.

Before any child can start at our preschool, (from 29 January) all outstanding fees from 2020 must be paid in full. Families must also pay the preschool fees for the first 3 weeks (as low as \$13) and then stay at least 2 weeks in credit at all times throughout their child's enrolment.

Before your child can start in our preschool in 2020, families are required to meet with our educational leader, Mr Sortwell. Once again, we want to have a strong relationship with our preschool families and set out our expectations very clearly from the start of the preschool year.



#### Enrol now for our Preschool in 2020!

We are enrolling children who turn 4 years (before 1 August 2020).

Call us on 6552-6333 to enrol or for further information.

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### MCPS CANTILEN MENU

		V1: Starts January 2020			
Cold Options	Price	Hot Options	Price	Snack Options	Price
Egg sandwich	\$1.70	Chicken burger with lettuce OR cheese	\$3.00	Plain popcorn – small	\$0.30
Egg sandwich with lettuce	\$2.00	Chicken burger with lettuce and cheese	\$4.00	Plain popcorn – large	\$0.60
Cheese sandwich	\$1.70	Chicken tender wrap	\$2.00	Yoghurt – Vanilla, strawberry	\$1.00
Cheese & vegemite sandwich	\$2.00	Beef pie (45g)	\$0.80	and banana	
		Beef pie (90g)	\$1.50	Fruit cup – mini	\$0.30
Mini salad wrap	\$2.00	Traveller pie (large)	\$3.00	Fruit cup – standard	\$0.50
Salad wrap	\$4.00	Sausage roll	\$1.50	Fruit cup – large	\$1.00
Salad wrap with chicken OR ham	\$4.50	Chicken nuggets (3)	\$1.20	Crunch and sip cup	\$0.30
		Chicken nuggets (6)	\$2.00	Boiled egg	\$0.50
Small salad tub	\$2.50	Mini pizza	\$2.50	Rice crackers and cheese	\$0.50
Small salad tub with chicken OR	\$3.00	Mini muffin pizza	\$1.50		
ham		Mini 'toasty' wrap: cheese, ham & pineapple	\$1.00	<u>Drinks</u>	Price
Large salad tub	\$4.00	Large 'toasty' wrap (quesadilla)	\$2.00	Water 250ml	\$0.50
Large salad tub with chicken OR	\$4.50	Noodle cup	\$1.50	Water 600ml	\$1.00
ham		Large tender wrap	\$3.80	Flav milk - choc or strawberry	\$1.80
				⅓ cup plain milk	\$0.30
		7.0		Full cup plain milk	\$0.50
CRUNCH AND SIP DEALS:				500ml plain milk	\$1.80
Seasonal fruit in a cup, available at three prices:				Fruit juice	\$1.50
	\$4	0.30, \$0.50 and \$1.00		Milo cup	\$1.50
Treats	Price	Meal Deals	Price		Price
Moosies	\$0.80	Mini 'toasty' wrap OR mini muffin pizza, mini	\$1.50	Small salad tub, water, standard	\$4.00
Bulla vanilla cup	\$1.50	water, mini fruit cup OR small popcorn		fruit cup OR popcom	
Frozen juice – cube	\$0.05	Large 'toasty' wrap OR 2 mini muffin pizzas,	\$3.00	Add chicken OR ham	\$4.50
Frozen juice – mini cup	\$0.30	water, standard fruit cup OR bag of popcorn		Large salad tub OR wrap, water,	\$5.50
Fruit tubies	\$1.00	Chicken burger, water, standard fruit cup OR	\$5.00	large fruit cup OR popcorn	
lee sube	60.10	noncorn		Add chicken OR hom	\$5.00

NO lunch orders taken after 9.30am. Contact our canteen on 6552-6333 MGPS P&C Association





ATTENDANCE MATTERS. ALL DAY, EVERY DAY

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# MGPS SUGGESTED EQUIPMENT LIST

At Manning Gardens PS, we provide <u>basic school equipment</u> for students attending our school. However, we would appreciate it if your child could bring in the following items for next year as they begin school for 2020.

This suggested equipment list is for students in our mainstream classes.

- ✓ 2 lead pencils
- ✓ Eraser
- √ Pencil sharpener
- ✓ 2 Glue sticks
- ✓ Coloured pencils
- ✓ Coloured textas
- ✓ Ruler
- ✓ Pencil case
- ✓ Inexpensive headphones or ear phones.



Students are expected to bring a school bag everyday.

Students are expected to wear our school uniform and bring a hat each day.

School uniforms can be purchased from our school office.

School hats can be purchased from our school office for \$5.

All kindergarten students get a FREE MGPS school bag and a FREE hat.





# INSIGHTS

by Michael Grose - No. 1 parenting educator





### It's not okay to be away ... nor to be late to school

When kids miss school, not only is their academic progress impeded, forcing them to catch up on missed work (which some never do), they often miss important interactions with their peers which can compound issues of social isolation and low self-esteem.

One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day—and gets there on time.

It sounds simple, but it's true.

The correlation between school attendance and children's achievement levels is well-established. The more time kids spend at school, the more likely they are to experience school success.

Conversely, according to a report from the Victorian Auditor General, students who are regularly absent from school are at the greatest risk of dropping out of school early, and of experiencing long-term unemployment.

When kids miss school, not only is their academic progress impeded, forcing them to catch up on missed work (which some never do), they often miss important interactions with their peers which can compound issues of social isolation and low self-esteem. Also, many teachers tell me, it's often the kids who can least afford to take time off school who are most likely to be serial absentees.

Of course, most people know this intuitively, yet school absenteeism is a huge problem in Australian schools—and much of it is parent-condoned.

It's hard to get an accurate picture across the country but it would appear that Australian students miss an average of between 12 and 15 days per school year, with parent-condoned absenteeism highest among young primary-aged children.

That adds up to a year's lost schooling over the school-life of a child.

In today's highly competitive world, this rate of absenteeism is alarming, putting our kids at a distinct disadvantage.

#### That's not a reason to be away!

It's now commonplace for children to stay away from school for reasons that would have been unheard of just twenty years ago. These include staying away to celebrate their own or a sibling's birthday; being absent because they stayed up too late watching television; going shopping for clothes; an extended long weekend; and kids not wanting to take part in a sports day or special school event.

This type of absenteeism sends a strong message to kids that parents don't really value learning or their children's school experiences.

Australian kids only spend 15% of their total time at school. They spend more time asleep than they do at school. So we need to maximise every day to get full value. That means turning up to school every day, on time.

#### As a Parent:

- Commit to sending kids to school every day.
- Make sure kids arrive at school and class on time.
- Inform the school when they are away, sending medical certificates and other evidence of genuine absence.
- Consider catching-up on missed work.
- Make kids who are away stay in their bedroom that is where ill kids should be.

#### Being late is not okay either

Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late.

Current research shows that mornings for most children are the most productive time of the day, with 10.00am the peak period for productivity. When children arrive late and take time to settle as they inevitably do, valuable learning time is lost.

#### It takes strong parenting...

As a parent myself I know how persuasive children of all ages can be when it comes to taking a day off school. It takes a strong will to resist the persistent pressure that kids can bring to bear, particularly if they play the guilt card with comments such as "It's not fair that I have to go school today because Aunty is coming to visit!"

Nice try. But the answer should be "No!".

As parents we need to make a commitment that our kids make the most of their precious time at school. That means that we send them to school every day, on time and ready to make the most of the school day.

Of course, there will be times, such as illness or genuinely extenuating family circumstances, when kids should be away. But these need to be a rarity rather than the norm.

It's reassuring to know that you increase their chances of future success just by making sure they turn up to school every day. And of course regular school attendance also helps kids prepare for the workforce, where it will be expected that they turn up each day work-ready. The real world is unforgiving of those who stay away with NO EXCUSE.

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# SCHOOL ASSEMBLIES

TERM

WEEK 3 - 14 FEBRUARY

WEEK 5 - 28 FEBRUARY

WEEK 7 - 13 MARCH

ASSEMBLIES ARE ON
FRIDAYS AND START AT
9.25AM
EVERYONE WELCOME!

### Be SunSmart

Being SunSmart is about protecting skin and eyes from damaging UV radiation – especially when outdoors from September to April.



#### Slip on a shirt

Slip on a shirt with long sleeves. Fabrics with a tighter weave and darker colours will give you better protection from the sun.



#### Slip into the shade

Slip into the shade of an umbrella or a leafy tree. Plan your outdoor activities for early or later in the day when the sun's UV levels are lower.



#### Slop on sunscreen

Slop on plenty of broad spectrum sunscreen of at least SPF 30. Apply 20 minutes before going outside and reapply every two hours and especially after being in water or sweating.



#### Slap on a hat

With a wide brim or a cap with flaps. More people are sunburnt on the face and neck than any other part of the body.



#### Wrap on sunglasses

Choose close fitting, wrap around style sunglasses. Not all sunglasses protect against UV radiation, so always check the label for sun protection rating.



sunsmart.org.nz



#### Contact us

We value and appreciate your feedback and input into all aspects of our school. If you have a general school enquiry, please contact our school office on 6552-6333. If you have a specific matter relating to your child and their education, please contact our school office and ask for your child's teacher. Our school office hours are 8.30-3.30pm each school day. School uniforms can be purchased from our school office. We have a full range of uniforms including summer and winter gear. We also stock school hats so your child can be sun safe.

#### Contact us:

6552-6333 manninggdn-p.school@det.nsw.edu.au

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