

# Grapevine

Our weekly Preschool to Year 6 newsletter

Term 1  
Week 3

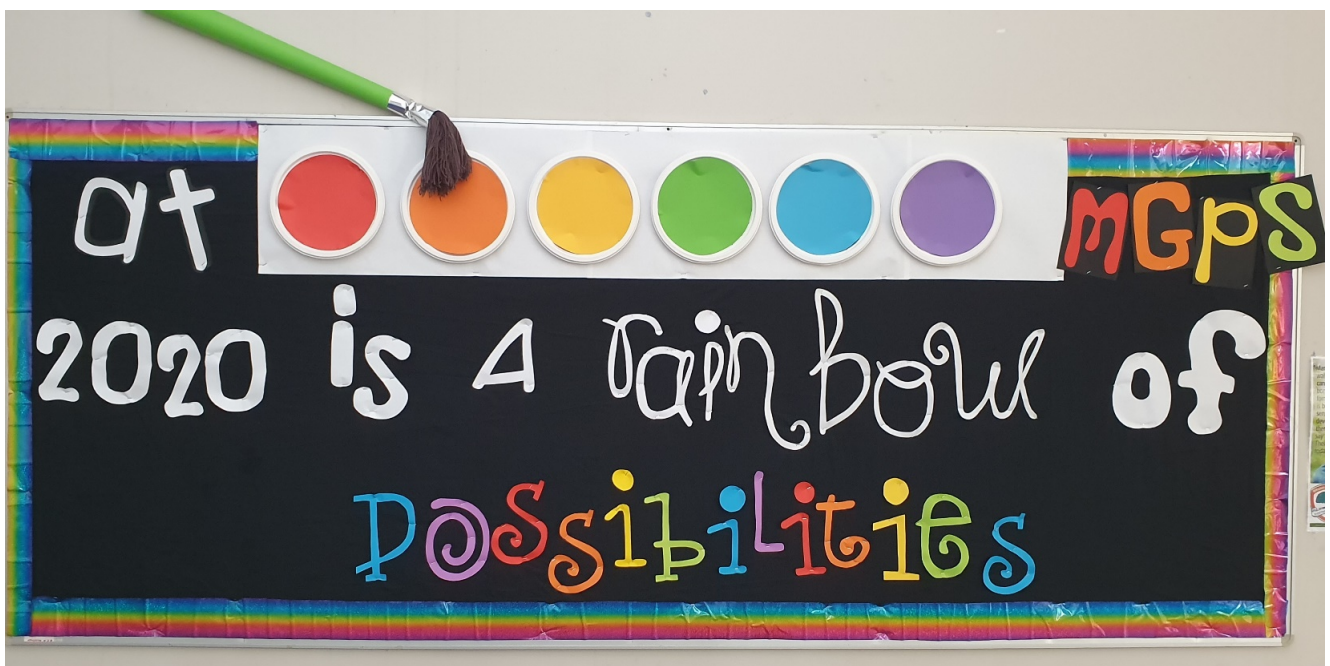
## Principal's message

The rain is a divine blessing for our drought stricken community. It freshens up our environment and brings new life. Unfortunately, the rain also has meant the cancellation of our swimming carnival for 2020. For our swimmers, there is relief because they have the small schools carnival this Thursday.

Student attendance is a major focus at our school every year. We have two expectations around attendance: One, all students at school everyday and two, all absences from school explained by parents. If you do not contact us to explain your child's absence from school, your child's class teacher will be giving you a call. We will be doing this every week. The phone calls started last week and will continue each week of the school year.

Be Safe is one of our three school expectations. We expect everyone to be safe. Students, staff, parents and community, the expectation is clear – Be Safe! To this end, please be very vigilant in and around our school car parks.

Stay Strong!  
Mr Paul Sortwell



**DON'T MISS**  
**THIS**



Manning Gardens  
Public School

*Together We Grow*





# UPCOMING EVENTS

## at Manning Gardens PS

School Assembly Week 3 ..... 14 February.

School Assembly Week 5 ..... 28 February.

School Assembly Week 7 ..... 13 March.

School Photos ..... Wednesday 8 April.

Easter Celebration ..... Thursday 9 April.

School assemblies take place in our school hall at 9.25am.

## Small schools swimming carnival

*This Thursday*



## Baaya Yurrung Preschool

@ Manning Gardens Public School

'Baaya Yurrung' means 'rise above'

### Baaya Yurrung preschool

Patrice Chapman is our new permanent preschool teacher. Each week Patrice will provide a rundown of events and happenings at our preschool.



# Enrol now for our Preschool in 2020!

We are enrolling children who turn  
4 years (before 1 August 2020).

Call us on 6552-6333 to enrol or for  
further information.

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# MGPS CANTEEN MENU

## BAAYA YURRUNG PRESCHOOL



V1: Starts Monday 3 February 2020

### Lunch Options

Cheese sandwich	\$1.70
Cheese & vegemite sandwich	\$2.00
Mini salad wrap	\$2.00

### Drinks

Water 250ml	\$0.50
Water 600ml	\$1.00

### Snack Options

Plain popcorn – small	\$0.30
Plain popcorn – large	\$0.60
Yoghurt	\$1.00
Fruit cup – mini	\$0.30
Fruit cup – standard	\$0.50
Fruit cup – large	\$1.00
Cheese and crackers	\$0.50
Frozen yoghurt	\$1.80

**Canteen open WEDNESDAY to FRIDAY**

**NO lunch orders taken after 9.30am.**

**Contact our canteen on 6552-6333**

**MGPS P&C Association**



Our P&C operates to help our school and our students. We have a great P&C made up of parents and community who are friendly and fun people – no politics or fighting here! Our P&C runs our school canteen with all profits going back to our school.

Our next P&C meeting is **Thursday 13 February at 9.30am**, down at our canteen. Everyone welcome, including new members and parents!



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# Preschool News

## Safety Week



### We have had a wonderful start to 2020 at Baaya Yurung Preschool.

We are learning all about safety this week at Preschool. The children are getting to know the important procedures they must follow to stay safe. Every term we will be teaching the children how to respond in an emergency. This week we practised a lockdown and evacuation. It was wonderful to see the children listening and staying together. Both of these drills were successful.

National Quality Framework -safety standard 2.2 each child is protected.

#### BE SAFE

#### LOCKDOWN

The children participated in a lockdown drill to become aware of what to do in a dangerous situation. We found out where our safety zone is located.

#### EVACUATION DRILL

From inside the Preschool to our designated emergency meeting point at the school gate.



**Learning how to play games together.**

Thank you Uncle Ron for playing with us.



**Building train tracks in our construction zone.**

"Look we made a long train".



**Reading stories together.**

Down by the station.



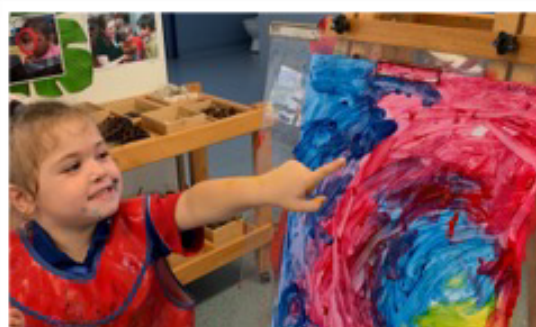


## WATER PLAY

The children loves using the spray bottles together. This soon turned into a discovery walk around the garden. Making sure some plants and flowers had a drink.

## "Look at my rainbow"

We love mixing, swirling, touching and creating in our art area. So many wonderful works of art. We have some little artists in the making. **EYLF Outcome 4- Children are confident and involved learners**



## BOX BUILDING

Our little learners have been so creative using cardboard boxes and their imagination. So many wonderful opportunities for play with something so simple. These boxes have become giraffes, elephants, cubby and tunnels. What a wonderful way to see the interests of the children come to life.

Being, Becoming and Belonging at Baaya Yurrung Preschool.





*Breakfast Club daily  
Canteen Wednesday to Friday  
School Banking every Thursday  
Sports uniform every Friday*

## MGPS CANTEEN MENU

V1: Starts January 2020

### Cold Options

Egg sandwich	\$1.70
Egg sandwich with lettuce	\$2.00
Cheese sandwich	\$1.70
Cheese & vegemite sandwich	\$2.00
Mini salad wrap	\$2.00
Salad wrap	\$4.00
Salad wrap with chicken OR ham	\$4.50
Small salad tub	\$2.50
Small salad tub with chicken OR ham	\$3.00
Large salad tub	\$4.00
Large salad tub with chicken OR ham	\$4.50

### Price

### Hot Options

Chicken burger with lettuce OR cheese	\$3.00
Chicken burger with lettuce and cheese	\$4.00
Chicken tender wrap	\$2.00
Beef pie (45g)	\$0.80
Beef pie (90g)	\$1.50
Traveller pie (large)	\$3.00
Sausage roll	\$1.50
Chicken nuggets (3)	\$1.20
Chicken nuggets (6)	\$2.00
Mini pizza	\$2.50
Mini muffin pizza	\$1.50
Mini 'toasty' wrap: cheese, ham & pineapple	\$1.00
Large 'toasty' wrap (quesadilla)	\$2.00
Noodle cup	\$1.50
Large tender wrap	\$3.80

### Price

### Snack Options

Plain popcorn – small	\$0.30
Plain popcorn – large	\$0.60
Yoghurt – Vanilla, strawberry and banana	\$1.00
Fruit cup – mini	\$0.30
Fruit cup – standard	\$0.50
Fruit cup – large	\$1.00
Crunch and sip cup	\$0.30
Boiled egg	\$0.50
Rice crackers and cheese	\$0.50

### Drinks

Water 250ml	\$0.50
Water 600ml	\$1.00
Flav milk - choc or strawberry	\$1.80
¼ cup plain milk	\$0.30
Full cup plain milk	\$0.50
500ml plain milk	\$1.80
Fruit juice	\$1.50
Milo cup	\$1.50

### Price

**CRUNCH AND SIP DEALS:**  
Seasonal fruit in a cup, available at three prices:  
\$0.30, \$0.50 and \$1.00

### Treats

Moosles	\$0.80
Bulla vanilla cup	\$1.50
Frozen juice – cube	\$0.05
Frozen juice – mini cup	\$0.30
Fruit tubies	\$1.00
Ice cube	\$0.10
Ice cube	\$0.20

### Price

### Meal Deals

Mini 'toasty' wrap OR mini muffin pizza, mini water, mini fruit cup OR small popcorn	\$1.50
Large 'toasty' wrap OR 2 mini muffin pizzas, water, standard fruit cup OR bag of popcorn	\$3.00
Chicken burger, water, standard fruit cup OR popcorn	\$5.00

### Price

Small salad tub, water, standard fruit cup OR popcorn	\$4.00
Add chicken OR ham	\$4.50
Large salad tub OR wrap, water, large fruit cup OR popcorn	\$5.50
Add chicken OR ham	\$6.00

### Price

**NO lunch orders taken after 9.30am.**

**Contact our canteen on 6552-6333**

**MGPS P&C Association**

**Manning Gardens  
Public School**

*Together We Grow*





*Quality Teaching and Learning*  
All day, everyday at Manning Gardens Public School.

**ATTENDANCE  
MATTERS.**  
**ALL DAY, EVERY DAY**

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**ALL DAY, EVERY DAY**

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**Contact us**

We value and appreciate your feedback and input into all aspects of our school. If you have a general school enquiry, please contact our school office on 6552-6333. If you have a specific matter relating to your child and their education, please contact our school office and ask for your child's teacher. Our school office hours are 8.30-3.30pm each school day. School uniforms are available for purchase from our school office every Monday, Wednesday and Friday; 10.30-12.30pm. We have a full range of uniforms including summer and winter gear. We also stock school hats so your child can be sun safe.

**Keeping kids safe**

**Items banned**

- Devices that provide unfiltered Internet connection – iPads, DVD/CD players, game consoles, handheld PCs, smartphones, laptops, tablet

- All electronic communication devices
- Devices that can store/record/play audio-visual content
- That can transmit or receive images

This applies to all students.  
Exemptions can be sort.



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# Good for Kids good for life



Our school is part of the Crunch&Sip® program, also known as 'Fruit break'. Crunch&Sip® is a set time during the day to eat vegetables and fruit and drink water.

Below are some examples of what students are allowed to bring for Crunch&Sip®:

- All fresh vegetables and fruit such as carrot sticks or grapes
- Dried fruit or tinned fruit in juice, but only sometimes
- Plain water



Some tips to increase vegie intake for Crunch&Sip® include:

- Start with vegetables your children are familiar with
- Allow children to choose their Crunch&Sip® vegetables
- Try sweeter vegetables like cherry tomatoes or carrots
- Use a variety of colours to make it more appealing
- Let kids pick out a special Crunch&Sip® container from the supermarket
- Get kids involved in cooking vegetables at home

Source: Crunch&Sip® [www.crunchandsip.com.au](http://www.crunchandsip.com.au)



**Health**  
Hunter New England  
Local Health District

[HNELHD-GoodForKids@health.nsw.gov.au](mailto:HNELHD-GoodForKids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>



# Good for Kids good for life

## Time for Healthy Habits



Children who develop healthy habits from a young age are more likely to continue these habits into adulthood.

Do you have a child between the ages of 2-6 years and live in NSW?

Do you wonder if they are eating enough of the right foods, being active enough or getting enough sleep?

We are offering a **free** program to help parents give their young children the healthiest start to life.

You can participate in one of these programs: online modules, telephone support calls or printed information. All programs will provide practical information and tips that will help with healthy eating, physical activity, screen time and sleep.



For more information and to register please visit [www.timeforhealthyhabitsnsw.com/](http://www.timeforhealthyhabitsnsw.com/) or contact [time-healthyhabits@uow.edu.au](mailto:time-healthyhabits@uow.edu.au)

Proudly funded by



This project has been approved by the South Western Sydney Local Health District Human Research Ethics Committee, HREC Reference HREC/18/LPOOL/472, and delivered in partnership with Murrumbidgee, Illawarra Shoalhaven, Southern NSW, Hunter New England, and South Eastern Sydney Local Health Districts.



**Health**  
Hunter New England  
Local Health District

[HNELHD-GoodForKids@health.nsw.gov.au](mailto:HNELHD-GoodForKids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>

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# School Banking newsletter.

Term 1 update.



## CommBank Bushfire Support

In light of the recent devastating bushfires, we want to share how we can help. Applications are now open for Bushfire Recovery Grants to help rebuild community facilities, schools, fire brigades and replace lost or damaged equipment. Please encourage your local community groups to apply by 31 March 2020, for grants of up to \$50,000. If you're a CommBank customer and you've been affected, we can also give you a hand with your finances. [commbank.com.au/bushfirerecovery](http://commbank.com.au/bushfirerecovery)

## 2020 Treetop Savers Adventure.

This year, the Dollarmites (Pru, Addy, Spen, Lucas and Pat) are ready to take children on a Treetop Savers adventure to the enchanted Treehouse of Savings. Here they'll discover lots of fun financial activities and rewards for saving.

Many surveyed parents think it's important to make learning about money engaging and to reward good saving behaviour\*. And this year, we're changing our School Banking rewards for the better. We're introducing new eco-friendly and reusable rewards, alongside other rewards that encourage creativity, as well as indoor and outdoor play.

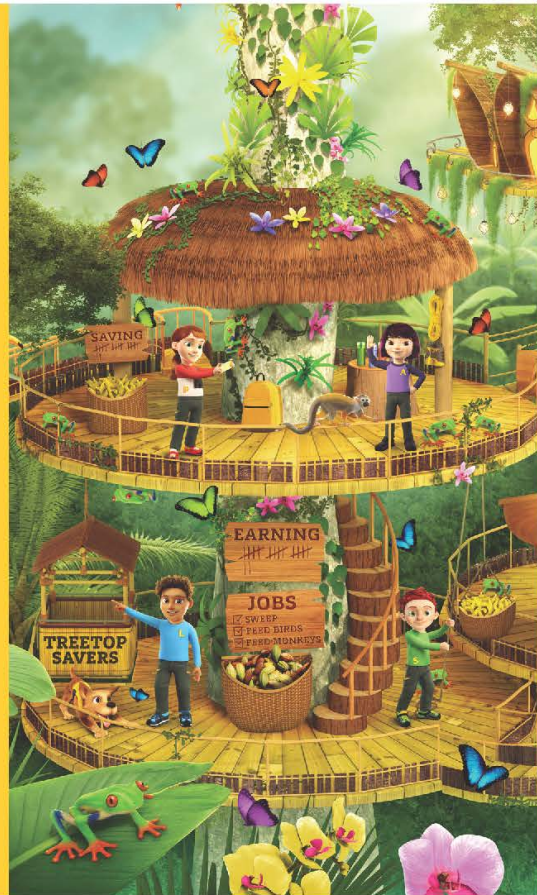
### Activity 1: Add up Addy's pocket money

Addy gets \$2 pocket money every time she does a job in the Treehouse of Savings. If she does 9 jobs, how much will she have earned?

A: \$\_\_\_\_\_.

### Activity 2: Find and count how many frogs and butterflies you can see

A: \_\_\_\_\_ Frogs and \_\_\_\_\_ Butterflies.



## Term 1 Treetop Savers rewards

When your child makes 10 deposits with School Banking, they can redeem one of our Treetop Savers rewards. Term 1 rewards are available now, while stocks last.



Terry Denton's  
Activity Book



Mini  
Soccer Ball

Any questions about the School Banking program? Ask your School Banking Co-ordinator for a parent's pack or visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking)

\*Parents of Australian primary school children, School Banking Research, conducted by Fiftyfive5, May-June 2018.  
Commonwealth Bank of Australia ABN 48 123 123 124

Answers: Activity 1: \$18. Activity 2: 10 Frogs and 11 Butterflies



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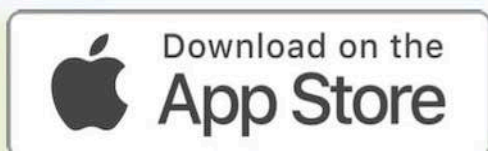


# How to install the SkoolBag app

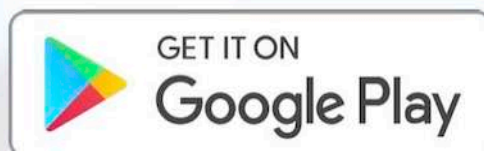
instructions for parents and community

1. Get your favourite mobile device
2. Open the App Store/Play Store
3. Search for "SkoolBag"
4. Download the free app
5. Open the app and add your school(s)

for Apple users



for Android users



for more info visit [skoolbag.com.au](https://skoolbag.com.au)



# FOUR WAYS TO EXPLAIN SCHOOL ABSENCES



## in person

Speak with your child's class teacher or visit our school office and speak with our admin team.



## drop us a note

Write a note and send it to school with your child.



## give us a call

Call our school between 8.30-3.30pm to tell us your child is going to be absent from school or to explain an absence from school. Ph: 6552-6333



## use skoolbag app

Use our Skoolbag app to report an absence from school at any time and any where you like. Download our skoolbag app at your app store. It's totally free.



## together we grow

Children experience more success when they attend school on a daily basis. Working in partnership, we can ensure your child has access to the best learning experiences. This can only happen when your child is at school.

**All students at school everyday.  
All absences explained by parents.**



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SUPER IMPORTANT

SUPER IMPORTANT